

Sleep Apnoea Diagnosis and Treatment

What is obstructive sleep apnoea (OSA)?

OSA is a common condition where the airway collapses during sleep, causing repeated pauses in breathing and drops in oxygen.

Why it matters

Untreated OSA significantly increases the risk of:

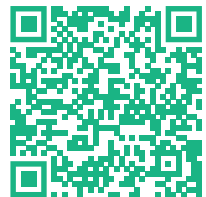
- High blood pressure
- Heart disease & atrial fibrillation
- Stroke
- Type 2 diabetes
- Road & workplace accidents

Personalised treatment options

May include CPAP therapy, mandibular advancement devices, lifestyle support, and specialist referral — all guided by our clinical team.

Could you have sleep apnoea?

Take our free 1-minute
online risk quiz and
find out today.



in partnership with



Book your free sleep risk check today
www.kalmecclinic.co.uk

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Sleep Apnoea Diagnosis and Treatment

How it works



Screening & Booking

Complete our sleep/obstructive snoring risk quiz online, then book your appointment.



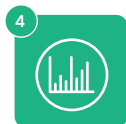
Initial Consultation

Discuss your sleep apnoea risk factors, medical history and home sleep study plan.



Home Sleep Study

Device delivered to your home for easy overnight use. No need to return the device as it is disposable.



Expert Analysis

Your sleep study is reviewed and a report generated.



Report Consultation

A follow-up consultation is arranged to discuss the report and recommended next steps.



Treatment Plan

A comprehensive treatment plan with any required therapies, equipment (e.g., CPAP), referrals, and follow-up schedule.

Complete Diagnostic & Treatment Pathway - £425

(All-inclusive fixed price)

No hidden fees. No hospital visits.

No waiting lists.

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