

Protect your Heart, Protect your Future

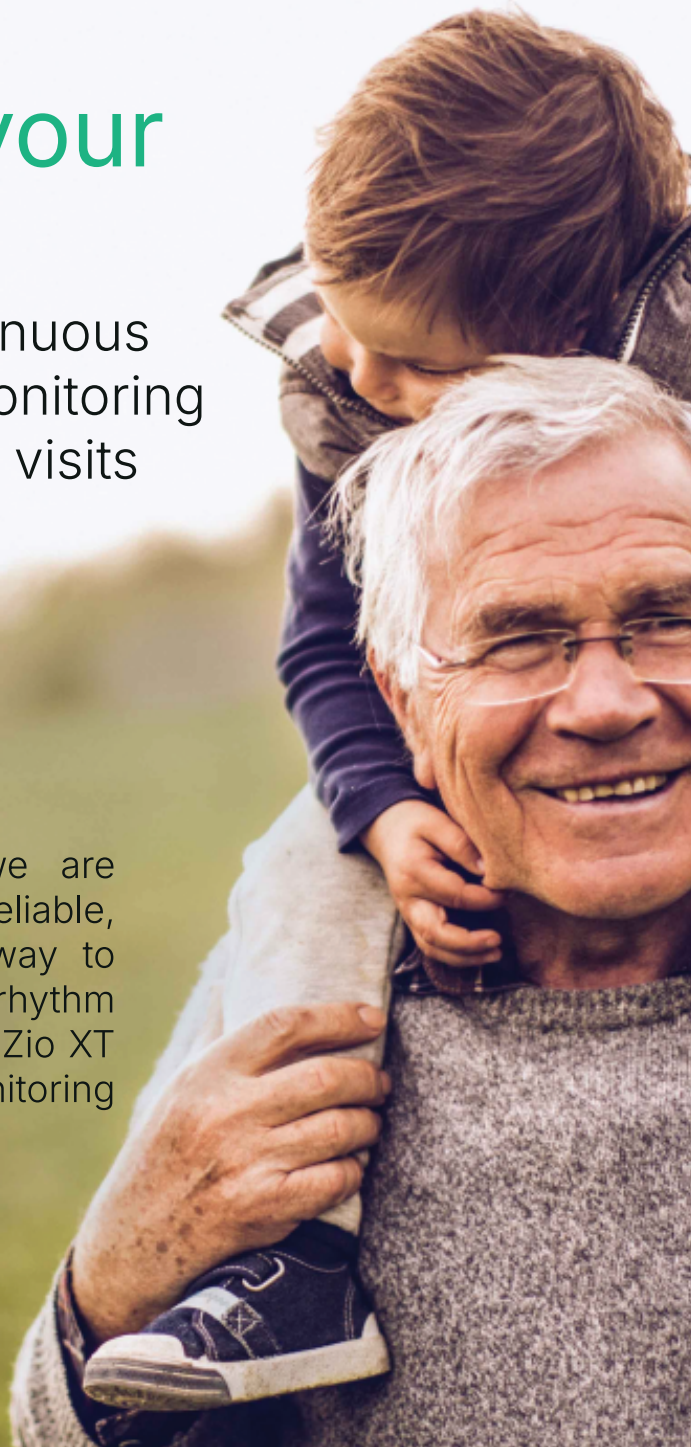


14 days of continuous
heart rhythm monitoring
without hospital visits

ZIO[®]
BY iRHYTHM

At Kalmed Clinic, we are proud to offer a fast, reliable, and patient-friendly way to investigate heart rhythm concerns through our Zio XT remote heart monitoring service.

www.kalmedclinic.co.uk
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Whether you've experienced palpitations, dizziness, unexplained collapses, or you wish to screen for atrial fibrillation and reduce your stroke / cardiovascular risks, our cardiology diagnostic heart rhythm monitoring service provides clear answers without the long waits and inconvenience often associated with traditional NHS pathways.

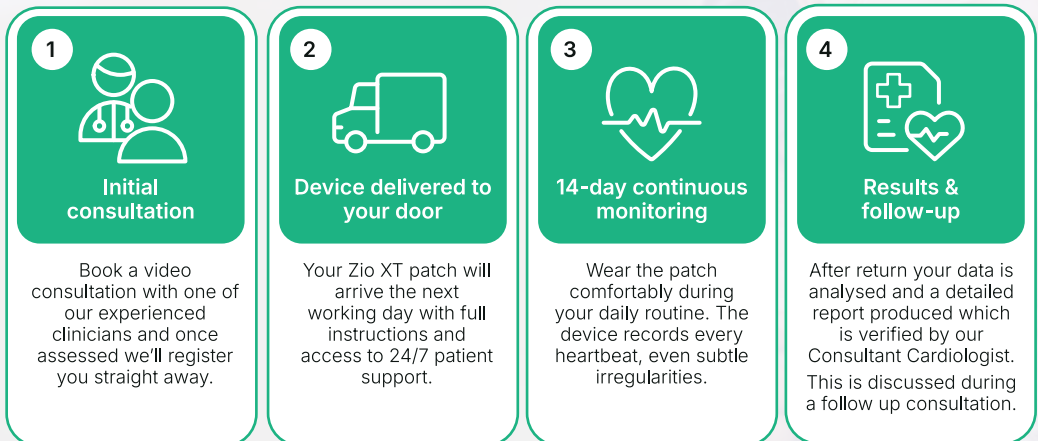
What is Zio XT?

Zio XT is a small, lightweight adhesive patch that continuously records your heart rhythm for up to 14 days. Unlike traditional bulky monitors, it is discreet, comfortable to wear, and allows you to carry on with your daily activities – including showering, sleeping, and exercising – without interruption. The device is NICE-approved and used within the NHS, offering hospital-grade accuracy in detecting irregular heart rhythms. Once the patch is returned, advanced analysis provides a detailed report for your clinician, helping to quickly identify conditions such as atrial fibrillation, palpitations, or other rhythm disturbances.

Why Choose Zio XT Monitoring?

- **Accurate & comprehensive** – Records your heart rhythm continuously for up to 14 days
- **Discreet & comfortable** – A small, lightweight adhesive patch you can wear day and night, while exercising, working, or even showering.
- **Fast results** – No long delays. Your results are reviewed promptly by our clinicians, with urgent findings escalated immediately.
- **Convenient & remote** – No hospital visits required. The entire process is managed through video consultation and at-home monitoring.
- **Trusted technology** – The Zio XT device is NICE and NHS approved, with proven reliability in detecting rhythm-related issues.

How It Works



Our all inclusive package priced at **£795** covers everything : from initial consultation, device provision/postage, 24/7 support, analysis, Consultant Cardiologist verified report, follow-up consultation and any required referrals.



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